



## Sextuplet Profile

### **Pregnancy:**

- ♥The Medical Birth Survey contains 7 responses from sextuplet families.
- ♥Pregnancy was confirmed on average at 2.3 weeks (ranging 2-3 weeks)
- ♥Sextuplets were confirmed on average at 4.9 weeks (ranging 4-6 weeks)
- ♥Sextuplet mothers were referred to a high-risk specialist on average at 6.4 weeks (ranging 4-12 weeks)
- ♥The average gestation of a sextuplet pregnancy is 29.1 weeks (ranging 25 - 32 weeks)
- ♥The average weight gain for a sextuplet pregnancy is 55.5 lbs (ranging 31 - 80 lbs)
- ♥71.4% of sextuplet mothers in this study received steroid injections prior to delivery.
- ♥14.3% of sextuplet mothers in this survey had a cerclage performed.

### **Delivery:**

Average birth weight for sextuplets is 2 lbs 8 ounces.

Average sextuplet birth weights		Weight Range	NICU Stay in days (range)	Hospital Stay in days (range)
Baby 1	2 lbs 8 oz	2 lbs 0 oz - 2 lbs 15 oz	73.3 (10-195 days)	66.0 (32-112 days)
Baby 2	2 lbs 9 oz	1 lbs 9 oz - 3 lbs 5 oz	45.7 (10-90 days)	62.6 (32-90 days)
Baby 3	2 lbs 5 oz	1 lb 8 oz - 3 lbs 3 oz	49.8 (10-105 days)	51.8 (35-66 days)
Baby 4	2 lbs 10 oz	2 lbs 7 oz - 2 lbs 12 oz	43.5 (10-77 days)	63.0 (49-77 days)
Baby 5	2 lbs 8 oz	2 lbs 4 oz - 2 lbs 11 oz	53.0 (10-96 days)	96.0 (96-96 days)
Baby 6	2 lbs 12 oz	2 lbs 11 oz - 2 lbs 13 oz	64.5 (10-119 days)	84.0 (49-119 days)

Reason for delivery:

- ♥42.9% delivered due to labor progressing

- ♥28.6% delivered due to fetal complication
- ♥28.6% delivered due to maternal complications
- ♥No sextuplets were delivered due to a scheduled C-section or induction
- ♥The average gestation due to preterm labor and other complications was 29.1 wks.

# of Older Siblings	Average Gestation at Delivery
0	28.7 weeks
1	32.0 weeks

Sextuplet Births by Month/Season		
(Note: some surveys did not give a DOB)		
January	1	28.6% born in Winter 42.9% born in Spring 28.6% born in Summer 0% born in Fall
February	0	
March	2	
April	0	
May	1	
June	0	
July	2	
August	0	
September	0	
October	0	
November	0	
December	1	

**Zygoty:**

- ♥100% of all sextuplets were fraternal

**Gender:**

- ♥33.33% of sextuplets were female
- ♥28.57% of sextuplets were male
- ♥38.10% gave no answer

**Breastfeeding:**

- ♥57% of all sextuplet mothers breastfed their babies for an average of 11.8 weeks.
- ♥57% of all sextuplet mothers pumped breast milk for their babies for an average of 14 weeks.
- ♥Sextuplet mothers either breastfed or provided breast milk for their babies for a total average of 11.2 weeks.
- ♥43% of sextuplet mothers indicated having difficulty breastfeeding or pumping.

**Location:**

The state with the largest population of sextuplets in this survey is New York representing 28.57% of all sextuplet surveys. The remaining sextuplet respondents were from California, Indiana, Maryland, Massachusetts, and New Jersey.