



Pregnancy

The average number of pounds gained during a multiple pregnancy:

Type of Multiples	Average Weight Gain	Weight Range
Twins	42 lbs	20 to 85 lbs
Triplets	50 lbs	-30 to 175 lbs
Quadruplets	52 lbs	0 to 110 lbs
Quintuplets	51 lbs	2 to 100 lbs
Sextuplets	56 lbs	31 to 80 lbs

The overall weight gain among survey respondents ranged from -30 to 175 lbs with the majority of mothers gaining between 40 and 80 pounds.

Type of Multiples	In-home monitoring for contractions
Twins	30.7%
Triplets	52.1%
Quadruplets	60.9%
Quintuplets	53.9%
Sextuplets	57.1%

♥ 11.3% of survey respondents underwent an amniocentesis

♥ 0.7% of respondents had a chorionic villi sampling test (CVS)

Was a cerclage performed?	Average gestation at delivery
No 75.5%	32.9
No answer 3%	32.3
Yes 21.5%	32.4
The average gestation a cerclage was performed was 15.6 weeks, ranging from 8 to 27 weeks.	

Many mothers expecting higher-order multiples births are hospitalized prior to delivery. Below is the percentage of survey respondents who indicated being hospitalized prior to delivery based on the type of multiples:

- ♥ 61.5% Twins (hospitalized on average 1 time)
- ♥ 70.5% Triplets (hospitalized on average 1.7 times)
- ♥ 86.1% Quadruplets (hospitalized on average 3.8 times)

- ♥ 84.6% Quintuplets (hospitalized on average 1.4 times)
- ♥ 100% Sextuplets or more

Only 2.1% of mothers smoked during their higher-order multiple pregnancies.

The average gestation respondents' doctors predicted the pregnancy would last is as follows:

- ♥ 36.4 weeks Twins
- ♥ 33.7 weeks Triplets
- ♥ 31.7 weeks Quadruplets
- ♥ 30.9 weeks Quintuplets
- ♥ 30.4 weeks Sextuplets

1.49% (a total of 27) respondents chose to undergo a multi-fetal reduction. Of those 27 surveys:

- ♥48.15% delivered triplets
- ♥33.33% delivered quadruplets
- ♥7.41% delivered quintuplets
- ♥11.11 delivered sextuplets or more

88.22% of respondents felt their multiple birth pregnancy was high-risk.

The following is a list of the most common complications survey respondents' experienced during their higher-order multiple pregnancy:

- ♥55.4% pre-term labor
- ♥29.3% hypertension related complications (PIH, toxemia, preeclampsia, etc.)
- ♥22.7% vaginal bleeding
- ♥18.1% anemia
- ♥18.1% carpal tunnel syndrome
- ♥14.2% gestational diabetes
- ♥13.2% infection
- ♥11.9% prolonged rupture of membranes
- ♥10.6% severe itching (PUPPPS, cholestasis, rash)